

**Presented by All Nations Tower of Prayer (ANTOP)**  
***40-Day Transition & Transformation Fast***

**Pillar Two – Building Strong Pillars of Faith**




**A 10-Day Devotional Journey of Strengthening Faith**


## Introduction

Welcome to the second pillar of our 40-day journey of transformation and transition. Pillar two is focused on faith. This 10-day series of faith devotion is like discovering gems each new day, uncovering the beauty of a treasured wealth that is within our reach. Unlock greater revelation of faith through the intimacy you've gained during the first pillar journey. Establish a connection with that relationship with God as you walk through this second pillar.

***Let your faith be activated. Let it grow and be elevated to new heights and magnitudes you've never known.***

### Day 11: What is faith?

 **Scripture:** Hebrews 11:1, Romans 8:24, 2 Corinthians 4:18

 **Insight:** In Christianity, faith is the foundation of salvation, leading to a relationship with God and a blessed spiritual life of abundant joy and fulfilment. Faith is often described as confidence in what we hope for and assurance about what we cannot yet see. Hence, faith can be best described as: Confidence in the Unseen, The Substance that Pleases God, Utmost Trust, Weapon Against Fear, Following God's Way, Doing God's Will, and A Pilgrimage Journey.

Faith is often seen as a gift from God, not something earned, but a result of His grace. In His loving kindness, God gives us a measure of faith (Romans 12:3), and He requires us to grow in that measure from faith to faith (Romans 1:17). Faith provides strength and encouragement during difficult times and trials.

In deepening our understanding of faith, let's look at the three different expressions of faith which every believer can express: saving faith, redeeming faith, and triumphant faith.


Saving faith is faith that believes unto salvation. Saving faith is honest because it admits, "I have sinned." Saving faith is humble because it says, "I need the Lord." And saving faith is accepting, because it states, "I receive the blessings and benefits of Christ's sacrifice."


God seeks to redeem His people for His purpose, and He desires to teach us to become instruments of His redeeming power to others. Redeeming faith accepts God's terms, waits on God's timing, and endures apparent hopelessness.

We walk in triumphant faith when we recognize our value in God's sight and the power of His might. Triumph comes out of living faith, not religious pretension. Triumphant faith confronts the spirit of doubt and fear. Triumphant faith holds firm, looks to Jesus, and praises the Lord in the middle of whatever trial or difficulty we face.

### **Reflection:**


- Is your faith fully in Jesus? If yes, how would you make it grow? If not, what is holding you back?
- Will you make a decision today to remain in faith until the end?


 **Prayer:** *Father, thank you for this revelation of what faith is today. How I need faith, as I live in the midst of a confused and spiritually dark world. Grant me the simple faith of a child, and to grow in it. Teach me to live according to it, through difficulties, trials, heartache, and tears. In Jesus' name, I ask.*

 **Journal Prompt:** Write a letter to God on how you want your faith to go to the next level.



## **Day 12: The Only Way to Please God**


 **Scripture:** Hebrews 11:6


 **Insight:** The Bible teaches that faith is the only approach that we have to God. No man has sins forgiven, no man goes to heaven, no man has assurance of peace and happiness, until he has faith in Jesus Christ. When our faith becomes nothing more than a series of rules and regulations, joy flees, and our love for Christ grows cold. Faith is the essence of our relationship to God and the instrument by which the gift of salvation is received (Ephesians 2:8-9).

He that comes to God must believe that he is, that God exists. The easiest thing in the world to do is to believe that God exists. It requires effort to disbelieve. Light from God is streaming in on every side, and all we need to do is open our eyes to see it.

 **Reflection:**


- Is pleasing God your goal?
- If not, will you make it intentional to walk in this path?
- If yes, will you allow the Holy Spirit to search you deeper and go through any areas of your life that He is not pleased with?


 **Prayer:** *Dear God, I confess with all my heart that You are real, and You died and saved me through the Cross at Calvary. I come to you in absolute faith and believe that You love me and You have the best plans for my life. Thank You.*

 **Journal Prompt:** Be true to God and to yourself, write the convictions of God, and make an active overcoming application to please Him.



## Day 13: The Entrance of Faith

 **Scripture:** Romans 10:17, 1 Thessalonians 2:13


 **Insight:** Christians who are strong in their faith grow speedily as they accept whatever God allows to enter their lives with gladness and thanksgiving.


“I have never been to the North Pole, and yet I believe there is a North Pole. How do I know? I know because somebody told me. I read about it in a history book, I saw a map in a geography book, and I believe the men who wrote those books. I accept it by faith. The Bible says, ‘Faith cometh by hearing, and hearing by the word of God (Romans 10:17).”

Every time I hear God, whether it is hearing about Him or directly hearing from Him, my faith grows. In fact, He has already answered it in Christ. Are you ready then to commit yourself to obey what He says, to accept His verdict, His viewpoint, as the true one despite the clamant cries that will pour into your ear from every side, saying this is wrong? That is what faith is, and if you are that kind of person, you can join this parade of faith.

### **Reflection:**


- Are you a person of faith?
- Is there a hunger for something better in your life?
- Is there a conviction that God is ready to answer your cry?


 **Prayer:** *Dear Lord, I believe Your Word holds the power of light that imparts life to me, and every time I hear and receive Your Word like living seeds, they grow in the soil of my heart and spring up manifold blessings of Your will in me. Thank You for the increase of growth and maturity You are imparting, this I ask in Your name.*

 **Journal Prompt:** What are the areas that you receive and learn? Write how you will grow them in the Lord.




## **Day 14: We Live By Faith, and Faith Lives By Us**

 **Scripture:** Romans 1:17, 2 Corinthians 5:7

 **Insight:** Faith means to give up, surrender, or commit our lives to a higher source or power, and in our Christian context, the source and power is the Sovereign God. Faith surpasses logic and rationalism; it does not deny reasons, but it defies reasons. Faith is complete confidence in God's loving guidance and His plans to give us hope and an excellent future. The more we live and grow in faith, the more *faith lives by us*.

 **Reflection:**


- Are you trusting yourself in living?
- Is faith living and active in you?
- How will you make faith alive in you?


 **Prayer:** *Dear heavenly Father, Your word says that all good and perfect gift comes from You (James 1:17), and You dealt to everyone a measure of faith (Romans 12:3). I ask You to grant me a good measure of faith to steward and grow, in Jesus' name.*

 **Journal Prompt:** Write a journey of taking sure steps in growing and living by faith.




## **Day 15: Unbelief versus God's Faithfulness**


 **Scripture:** Romans 3:3, 2 Timothy 2:13

 **Insight:** Discouragement is the opposite of faith. It is Satan's device to thwart the work of God in your life. "Fear can banish faith, but faith can banish fear." Fear can paralyze us and keep us from believing God and stepping out in faith. The devil loves a fearful Christian, and he works overtime to attack our faith with doubts and unbelief, but the Bible assures us that even in our moments of doubts and faithlessness, God always remains faithful.

 **Reflection:**


- Is unbelief lurking within you?
- If yes, are you deciding to resist and renounce and let faith in God come in?
- If not, take a deep search to find out if there is anything hidden within. Pluck it out and let the Holy Spirit come in.


 **Prayer:** *Dear heavenly Father, forgive me for being a human weakling, full of doubts and unbelief. Please grant me the grace to overcome my unbelief and turn my doubts into faith. Thank You that Your word says that even when I am faithless, You remain faithful to me (2 Timothy 2:13). In Jesus' name.*

 **Journal Prompt:** Write a reminder for yourself to turn back from unbelief but to follow God's faithfulness.



## **Day 16: The Role of Doubt in Provoking Faith**


 **Scripture:** Psalm 133. Psalm 138:7-8.

 **Insight:** Acknowledging that doubt is part of the journey and can be a catalyst for deeper faith. Navigating doubt is a journey, but it is also an opportunity to deepen our faith. Remember that doubt can be a stepping stone to a more profound belief when approached with honesty and openness. One of the greatest blessings we encounter is the freedom to admit when we have doubts. As faithful Christians, we should have the audacity to ask tough questions concerning our faith and traditions.

For some, doubt is synonymous with having a lack of faith, but doubt and faith are two sides of the same coin, the former provoking the latter. Doubt isn't the opposite of faith; it is an element that leads to faith. Rather than denying our doubts, we should explore them and allow them to set us on a journey of discovery and a deepening of our beliefs and convictions.

 **Reflection:**


- Is doubt always whispering in your ears?
- If yes, search for a passage that counters your doubt.
- If not, search for a passage to strengthen your faith journey.


 **Prayer:** *Dear Holy Spirit, You are my Helper, Teacher, and Comforter. I thank You that You walk with me through the valley of the shadow of doubts and that every valley leads to a mountain of faith. Thank You for teaching me how to turn my doubts into a quest for faith. In Jesus' name.*

 **Journal Prompt:** Write down your reflection on doubt.



## Day 17: Seeds of Faith


 **Scripture:** Matthew 13:31-32 and Matthew 17:20


 **Insight:** Imagine faith as a tiny seed. It may be small, but it holds the potential for incredible growth. Just as a farmer plants a seed with the expectation of a harvest, we plant our faith with the expectation of positive outcomes, even when we can't see them yet. Faith, in its essence, is believing and trusting in something unseen. It's about holding onto hope, even when circumstances seem bleak, and relying on a higher power to guide and support you. Having faith allows one to face challenges with courage and find peace amidst uncertainty.

Believe that every seed of faith planted in good soil will always produce fruit. The seeds of faith planted in our lives are a key component of spiritual growth and maturity in our journey as Christians. "If our faith isn't rooted in the Bible, it will wither like a plant pulled out of the soil."

 **Reflection:**


- What are the seeds you are receiving?
- Is there any fruitfulness from the seeds you received?


 **Prayer:** *Lord Jesus, I thank You that Your words, written and spoken, are like mustard seeds in my life, and when I water them in prayer and trust, they will grow speedily into strong, mighty trees. Help me to always keep my heart good, fertile soil, so the seeds of faith will germinate and grow, in Your name.*

 **Journal Prompt:** Ask the Lord what seeds He has given you. Write them as a reminder. Write a prayer to water the seeds.



## Day 18: Nurturing Faith


 **Scripture:** Romans 1:17, Philippians 3:9

 **Insight:** Like a plant, faith needs nurturing. This happens through prayer, reflection, and actively seeking guidance from spiritual texts or leaders of faith. It also involves surrounding yourself with supportive communities and choosing to focus on the positive aspects of your life. “Your faith may be just a little thread. It may be small and weak, but act on that faith. It does not matter how big your faith is, but rather, where your faith is.”

When you nurture your faith and act on it, you'll begin to see its fruits. You'll experience a deeper sense of peace, resilience, and connection to something larger than yourself. You'll find that even in the face of adversity, your faith provides a source of strength and hope. Faith isn't just a feeling; it's also an action. It's about acting on your beliefs, even when it's difficult. When you act in faith, you're demonstrating your trust in God guiding your path. Faith is more than just intellectual assent to religious doctrines; it's a living, active principle that shapes one's actions and worldview.

### **Reflection:**


- What are the actions you want to take to nurture your faith?
- Are there hidden doctrines, principles, or worldviews that are affecting your faith? If yes, uproot them and plant the seeds of God, then nurture them.


 **Prayer:** *Lord, help me to nurture my faith, to grow it like a precious seed. Help me to act on my beliefs, even when it's challenging. And grant me the peace and strength that comes from knowing that I am not alone, and that I am guided by your grace. Amen.*

 **Journal Prompt:** Write your reflection.



## **Day 19: Faith, the Weapon of Resilience**


 **Scripture:** 1 John 5:4, Romans 8:31, 38-39, Ephesians 6:16


 **Insight:** Faith involves placing complete trust and reliance on God, believing in His promises and His ability to work in your life, highlighting its importance in pleasing Him and navigating life's challenges. It emphasizes that faith is not just a passive belief, but an active principle that fuels actions and provides strength during trials.

Hence, faith becomes a weapon of resilience against the lies, deception, and accusations of the enemy. This is why it is termed the shield of faith, which wards off all the fiery darts of the enemy.

### **Reflection:**

- Resilience means the capacity to withstand storms, tests, and trials. It is also the ability to recover quickly from storms of life. It can also mean the capability to bounce back and be right on track. Are you exhibiting the resilience of faith? If yes or no, why?


 **Prayer:** *Dear Lord, I thank You that my faith in You is ever increasing and that I have faith to overcome, just as You have overcome. I ask that You will teach me to use my shield of faith to defend all the darts and wiles of the enemy against me, in Your name I ask.*

 **Journal Prompt:** Write your reflection answers and pray God's promises to strengthen your faith.



## Day 20: Supernatural Faith


 **Scripture:** Hebrews 11

 **Insight:** Jesus, in teaching the lesson of the withered fig tree (Mark 11:20-26), demonstrates that faith is the key that releases the resources of heaven into our situation. He tells the astonished disciples, “Have faith in God...whatever things you ask when you pray, believe that you receive them, and you will have them” (vv. 22, 24). Strong’s defines this kind of faith as conviction, confidence, trust, belief, reliance, trustworthiness, and persuasion. In the New Testament setting, it is the divinely implanted principle of inward confidence, assurance, trust, and reliance in God and all that He says.

Supernatural faith is God’s endowment for us to operate in the miraculous; it is likened to a heavenly currency that enables us to do divine transactions with the spiritual and natural.

### **Reflection:**

- Supernatural is beyond the normal way of faith we may know. Have you ever experienced supernatural faith?
- If yes, write your testimonies at the journal prompt. Desire to grow more.
- If not, write your desires and what you want God to do with your faith to become supernatural.

 **Prayer:** *Dear God, thank You that faith is like a heavenly currency that allows me to do divine exchange and spiritual transactions. Please grant me a greater revelation and deeper understanding of supernatural faith. I ask this in Jesus’ name.*

 **Journal Prompt:** Write your reflection. Expect it to become a testimony.





**Closing: Faith Pillar** is an unseen driving force that will keep you going.

Embrace it and never let go. Cling to it and never release. It is a substance you hold until Jesus comes. It is one of the evidence of your walk and relationship with Him. Nurture it. Treasure it. Build it. Strengthen it. Use it. Live it. Claim it. Grow in it. Be it. Supernatural Faith be unto you, in Jesus' name, amen!



### **Blessing**

May your faith arise and move mountains.

May your journey be faith-filled beyond measure.

May your life be founded on faith only found in God.

In Jesus' name, Amen.



### **Final Notes**

- Continue with Pillar Three of the 40-Day Transformation Fast
- Share this devotional with others in your ministry
- Consider journaling your reflections daily and revisiting them at the end of the fast